

## Nell Holcomb R-IV School November 2017 Menu



Tuesday	Wednesday	Thursday	Friday
31	Nov. 1	2	3
French toast sticks, fruit, & milk Biscuit w/gravy, sausage, & juice/milk	Cereal, cinnamon toast, fruit,	Bagel, fruit, & milk	Pop tart, yogurt, fruit, & milk
	& milk		
Deli turkey w/cheese on bun, pota- to tots, strawberries, & milk	Chicken nuggets, whipped potatoes, gravy, biscuit, & milk	Juicy burger, baked beans, fried apples, cheese stick, & milk	Pizza, salad, pears, & milk
7	8	9	10
Scrambled eggs, toast, juice/milk	Cereal, cinnamon toast, fruit, & milk	Honeybun, fruit, & milk	Breakfast cookie, yogurt, fruit, & milk
Buffalo chicken tenders, salad, fruit, bread, & milk	Ham, whipped potatoes, applesauce, hot roll, & milk	Vegetable soup, grilled cheese, peaches, & milk	Hotdog on bun, baked beans, pears, & milk
14	15	16	17
Bagel, fruit, & milk	Cereal, cinnamon toast, fruit,	Muffin, oatmeal, fruit, & milk	Pop tart, sweet rice, fruit, & milk
BBQ riblet on bun, baked beans, applesauce, & milk	Turkey w/gravy, whipped potatoes, green beans, fruit cup, hot rolls, & milk	Chili, peanut butter sandwich, peaches, & milk	Pizza, corn, pears, & milk
21	22	23	24
Breakfast pizza, fruit, & milk	No School	No School	No School
Chicken patty, potato smiles, peaches, & milk	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
28	29	30	Dec 1
Muffin, yogurt, fruit, & milk	Cereal, cinnamon toast, fruit, & milk	Honeybun, fruit, & milk	Breakfast cookie, oatmeal, fruit, & milk
Cheeseburger, French fries, pears, snickerdoodle, & milk	Lasagna, corn, pineapple, garlic bread, & milk	Tomato soup, grilled cheese, peaches, & milk	Pizza, salad, mixed fruit, & milk
	Biscuit w/gravy, sausage, & juice/ milk  Deli turkey w/cheese on bun, pota- to tots, strawberries, & milk  7  Scrambled eggs, toast, juice/milk  Buffalo chicken tenders, salad, fruit, bread, & milk  14  Bagel, fruit, & milk  BBQ riblet on bun, baked beans, applesauce, & milk  21  Breakfast pizza, fruit, & milk  Chicken patty, potato smiles, peach- es, & milk  28  Muffin, yogurt, fruit, & milk  Cheeseburger, French fries, pears,	Biscuit w/gravy, sausage, & juice/ milk  Deli turkey w/cheese on bun, potato tots, strawberries, & milk  7  Scrambled eggs, toast, juice/milk  Buffalo chicken tenders, salad, fruit, bread, & milk  14  Bagel, fruit, & milk  BBQ riblet on bun, baked beans, applesauce, & milk  21  Breakfast pizza, fruit, & milk  Chicken patty, potato smiles, peaches, & milk  28  Muffin, yogurt, fruit, & milk  Cheeseburger, French fries, pears,  Mov. 1  Cereal, cinnamon toast, fruit, & milk  Cereal, cinnamon toast, fruit, & milk  Turkey w/gravy, whipped potatoes, green beans, fruit cup, hot rolls, & milk  22  No School  Thanksgiving Break  Cereal, cinnamon toast, fruit, & milk  Cereal, cinnamon toast, fruit, & milk  Lasagna, corn, pineapple, garlic	Biscuit w/gravy, sausage, & juice/ milk  Deli turkey w/cheese on bun, pota- to tots, strawberries, & milk  Tocarambled eggs, toast, juice/milk  Buffalo chicken tenders, salad, fruit, bread, & milk  14  Bagel, fruit, & milk  Buffalo chicken tenders, salad, fruit, bread, & milk  15  Cereal, cinnamon toast, fruit, k milk Ham, whipped potatoes, applesauce, hot roll, & milk  Turkey w/gravy, whipped potatoes, & milk  21  Breakfast pizza, fruit, & milk  Chicken patty, potato smiles, peaches, & milk  29  Muffin, yogurt, fruit, & milk  Cheeseburger, French fries, pears,  Lasagna, corn, pineapple, gartic  Cereal, cinnamon toast, fruit, & milk Turkey w/gravy, whipped potatoes, fruit cup, hot rolls, & milk  No School Thanksgiving Break  Lasagna, corn, pineapple, gartic  Tomato soup, grilled cheese,  Bagel, fruit, & milk  Chicken nuggets, whipped potatoes, fruit, wilk Bulicy burger, baked beans, fried apples cheese stick, & milk Vegetable soup, grilled cheese, Peaches, & milk  Chilk, peanut butter sandwich, peaches, & milk  Chili, peanut butter sandwich, peaches, & milk  Chili, peanut butter sandwich, peaches, & milk  Chilk, peanut butter sandw

<sup>\*</sup>Baby carrot sticks, broccoli florets, and dried fruit offered daily to all students. Cereal offered daily as an alternative to breakfast. \* Salads offered daily to grades 6th through 8th.In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint filine cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (566) 632-9992. Submit your completed form or letter to USDA to: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410. This institution is an equal opportunity provider.